



A Basic Skeet Lesson

The following pages are a brief presentation on basic skeet shooting. It's intended to get you started in this exciting sport safely and the right way.

Safety: Watch the safety Video on the Website before you come to the Club. Be sure you know how to load and unload the gun safely. Read the manual that comes with your gun before you come out to the Club. You can get one off the internet if necessary.



Proper Gun Mount

How to mount the gun: The gun should be raised to your face to mount it on your shoulder. Look directly down the rib with your master eye. Your non-firing hand should be placed at a comfortable distance down the forearm. The gun now is



Skeet Stance

pointing where you look and will shoot where you look. The gunstock may need to be shortened or lengthened and the comb raised or lowered to achieve this. There is a small but thriving industry in this country that has arisen in this specialty to help you.

Stance: Your posture should be leaning slightly forward, elbows raised to a comfortable height, left knee slightly bent (if you are a righty), feet shoulder width apart with your weight on your left foot to the point that you have to bend the knee to keep your balance. This is sometimes called the “classic stance”.

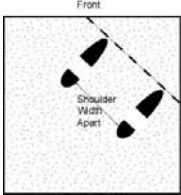
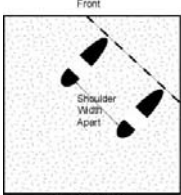
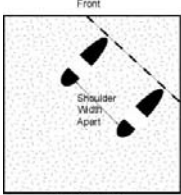
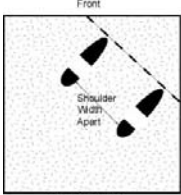
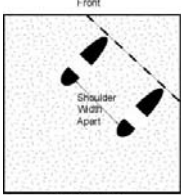
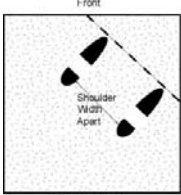
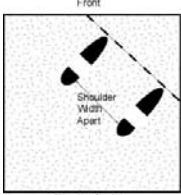
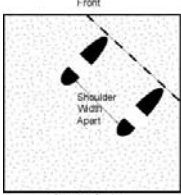
How to swing the gun: “Swing” is somewhat of a misnomer. You go after the target by turning your body with your ankles, knees, and hips. A lot with the ankles, less with the knees, and a small amount with the hips. The gun and your arms do not move relative to your upper body. Keep your shoulders level and your head on the stock throughout the shot. You should finish the swing with

your weight still on the “front” foot.

Station by Station: Once you know how to load, fire, and swing the shotgun, there are four things you need to know about each skeet station: where to put your feet, where to put the muzzle of the shotgun, where to look for the target, and what is the required apparent lead.

This handy carry-it-with-you chart shows it station by station:

| Station | Foot Position | Muzzle Hold | Eye pick-up | Target Lead |
|--------------|---------------|--|---|-------------------------------|
| 1 High House | | Gun 35° Up | 6” Over the barrel | 6” Under the target |
| 1 Low House | | On target flightpath, 15’ out from house | On target flightpath, 5’ out from house | 1 foot in front of the target |

| Station | Foot Position | Muzzle Hold | Eye pick-up | Target Lead |
|--------------|---|---|---|-------------------------------|
| 2 High House |  | On target flightpath, Parallel with house | On target flightpath, 5' out from house | 1 foot in front of the target |
| 2 Low House |  | On target flightpath, 15' out from house | On target flightpath, 5' out from house | 2 feet in front of the target |
| 3 High House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 2 feet in front of the target |
| 3 Low House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 3 feet in front of the target |
| 4 High House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 4 feet in front of the target |
| 4 Low House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 4 feet in front of the target |
| 5 High House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 4 feet in front of the target |
| 5 Low House |  | On target flightpath, 15' out from house | On target flightpath, 5' out from house | 2 feet in front of the target |

| Station | Foot Position | Muzzle Hold | Eye pick-up | Target Lead |
|--------------|---|---|--|-------------------------------|
| 6 High House |  | On target flightpath, 20' out from house | On target flightpath, 5' out from house | 2 feet in front of the target |
| 6 Low House |  | On target flightpath, Parallel with house | On target flightpath, 5' out from house | 1 foot in front of the target |
| 7 High House |  | On target flightpath, 5' out from house | On target flightpath, 5' out from house | 1 foot in front of the target |
| 7 Low House |  | On target flightpath, 10' over stake | On target flightpath, Over the barrel | Dead on target |
| 8 High House |  | High as the bottom of the hole, 5' to the right | On target flightpath, Just out of the hole | Cover the Target |
| 8 Low House |  | High as the bottom of the hole, 5' to the left | On target flightpath, Just out of the hole | Cover the Target |

Foot positions shown are for right handed shooters. Reverse for lefties. If they all look the same, that's because they are all the same. You may have to adjust for your own needs, but this shows where to start.

Notice that the apparent lead increases as the gun-to-flight angle becomes more perpendicular and decreases after station 4 for the same reason. The actual lead required is about 3-1/2 feet on all targets, but because of the angle of the flightpath, you only see that apparent lead.



The last thing is equipment management. You'll need safety or shooting glasses, earplugs or muffs, and something to carry your shells and empties. If you have an over/under or side-by-side, please catch the empties before they fly out. This will save you the time of picking them up after the round. – Tom Kanis, Rangemaster